

## **Alanis Stansberry, BS**

Graduate Student Trainee  
The University of Alabama at Birmingham  
Department of Nutrition Sciences  
WEBB 415  
1720 Second Avenue South  
Birmingham, AL 35294  
Mobile Phone: (423-201-3469)  
Email: [burtonac@uab.edu](mailto:burtonac@uab.edu)  
[Alanis.stansberry@gmail.com](mailto:Alanis.stansberry@gmail.com)

### **EDUCATION**

---

#### **Current program**

**Doctor of Philosophy**, Nutrition Sciences, University of Alabama at Birmingham, Birmingham, AL  
*Anticipated graduation date: May 2026, Current GPA: 3.72*

**Master of Science**, Nutrition Sciences, University of Alabama at Birmingham, Birmingham, AL  
*Anticipated graduation date: May 2023, Current GPA: 3.73*

#### **Completed**

**Bachelor of Science**, Health Sciences, Lee University, Cleveland, TN  
*May 2021, Cum Laude, GPA: 3.73*

### **RESEARCH INTERESTS**

---

Obesity and cardiovascular health interventions; weight-loss and weight-loss maintenance; Community-based intervention research; Social determinants of health; Underrepresented populations; Low-income populations; Obesity related health policy.

### **TRAINING**

---

#### **2020-2021 Ledford Scholar, Appalachian College Association**

- Program to prepare students for graduate studies through mentored full-time summer research.
- Project: *The Correlation of Obesity Related Diseases in Comparison to Income by County in Tennessee* (Mentor: Benjamin Christmann, PhD)

#### **2020 Stinnett-King Assistantship Scholarship**

- Endowment scholarship to support one student in their research endeavors in honor of the Stinnett-King family.

**Department of Nutrition Sciences**  
Webb Nutrition Sciences Building  
1675 University Boulevard  
205.934.6103  
Fax 205.975.4065

[www.uab.edu/nutrition](http://www.uab.edu/nutrition)  
Mailing Address:  
Webb  
1720 2<sup>nd</sup> Ave S  
Birmingham, AL 35294-3360

Knowledge that will change your world

- Project: *Evaluating the Perception and Understanding of the Nutritional Quality of the Food Pantries of McMinn County, Tennessee* (Mentor: Michael Sturgeon, PhD).

**2019-2021 McNair Scholar's Program, TRIO**

- Program to prepare students for graduate studies by assisting in full-time, summer research and by providing opportunities to share and expand knowledge through regional and national conferences.
- Project: *Empty or Full: A Survey of McMinn County's Food Pantries and Their Abilities to Meet Nutritional Standards* (Mentors: Benjamin Christmann, PhD & Kevin Ung, EdD).

---

**HONORS/AWARDS**

2020 Stinnett-King Assistantship Scholarship  
2020 BlueCross Power of We Scholar  
2020 McNair Leadership Award

---

**CERTIFICATIONS**

2020 HarvardX Improving Global Health: Focusing on Quality and Safety Certificate  
2020 Emory University Laney Graduate School Summer Opportunity for Academic Research (SOAR)  
2020 Yale Graduate School of Arts and Sciences Bouchet Bootcamp Certificate  
2020 Stanford Introduction to Food and Health Certificate  
2017-present Certified Nursing Assistant

---

**TEACHING EXPERIENCE**

2019-2020 **Teaching Assistant, HSCI291 Principles of Nutrition (3)**  
Department of Health Sciences, Lee University, Cleveland, TN  
Supervisor: Benjamin Christmann, PhD

2020-2021 **Teaching Assistant, HSCI291 Principles of Nutrition (3)**  
Department of Health Sciences, Lee University, Cleveland, TN  
Supervisor: Benjamin Christmann, PhD

---

**PUBLICATIONS**

**In Preparation**

1. **Stansberry, A**, Schneider-Worthington, CR, Pizano, D, Salvy, SJ, and Dutton, GR. Influence of caregiver depressive symptoms on the home food environment among caregiver-child dyads.
2. Davis, A, CR, Pizano, **Stansberry, A**, Schneider-Worthington, and Dutton, GR. Predictors of weight loss in a behavioral intervention.

**Department of Nutrition Sciences**  
Webb Nutrition Sciences Building  
1675 University Boulevard  
205.934.6103  
Fax 205.975.4065

[www.uab.edu/nutrition](http://www.uab.edu/nutrition)  
Mailing Address:  
Webb  
1720 2<sup>nd</sup> Ave S  
Birmingham, AL 35294-3360

## PROFESSIONAL PRESENTATIONS

---

1. **Stansberry, A**, Schneider-Worthington, CR, Pizano, D, Salvy, SJ, and Dutton, GR. (2022) Influence of caregiver depressive symptoms on the home food environment and food intake among caregiver-child dyads. Oral presentation. UAB Department of Medicine's Trainee Research Symposium: Birmingham, AL.
2. **Stansberry, A**, Schneider-Worthington, CR, Pizano, D, Salvy, SJ, and Dutton, GR. (2022) Influence of caregiver depressive symptoms on the home food environment and food intake among caregiver-child dyads. Poster presentation. UAB School of Health Professions Research Day: Birmingham, AL.
3. **Burton, A**, Christmann, B. (2020). The Correlation of Obesity Related Diseases in Comparison to Income by County in Tennessee. Oral Presentation. Annual Biomedical Research Conference for Minority Students (ABRCMS): Virtual.
4. **Burton, A**, Christmann, B. (2020). The Correlation of Obesity Related Diseases in Comparison to Income by County in Tennessee. Oral Presentation. Baylor University McNair Research Conference: Virtual.
5. **Burton, A**, Christmann, B. (2020). The Correlation of Obesity Related Diseases in Comparison to Income by County in Tennessee. Oral Presentation. McNair-Ledford Undergraduate Research Symposium: Cleveland, TN.
6. **Burton, A**, Christmann, B. (2019). Empty or Full: A Survey of McMinn County's Food Pantries and Their Abilities to Meet Nutritional Standards. Oral Presentation. Brown University Graduate STEM Day: Providence, RI.
7. **Burton, A**, Christmann, B. (2019). Empty or Full: A Survey of McMinn County's Food Pantries and Their Abilities to Meet Nutritional Standards. Oral Presentation. Southeastern Association of Educational Opportunity Program (SAEOPP) National Conference: Atlanta, GA.
8. **Burton, A**, Christmann, B. (2019). Empty or Full: A Survey of McMinn County's Food Pantries and Their Abilities to Meet Nutritional Standards. Oral Presentation. University of New Mexico National McNair Conference: Cleveland, TN.

## SERVICE

---

2022	Presenter at Nutrition Education Day at Bessemer High School
2021	Mobile Food Pantry Volunteer
2019-2021	Founder of Taste Buds Service Club, Lee University

Knowledge that will change your world

## **AFFILIATIONS**

---

2020-Present Obesity Society  
2020-Present Tri-beta National Biological Honors Society  
2019-Present National Association of Nutrition Professionals

## **REFERENCES**

---

Gareth Dutton, PhD  
1720 2<sup>nd</sup> Avenue South  
Birmingham, AL 35294  
MT 615  
gdutton@uabmc.edu

Camille Worthington, PhD, RD  
1720 2<sup>nd</sup> Avenue South  
Birmingham, AL 35294  
MT 102C  
cschneid@uab.edu

Kevin Ung  
1120 N Ocoee St  
Cleveland, TN 37311  
WMB203  
(423) 473-3791  
kung@leeuniversity.edu