

Sample Plan of Study
BNW Major with the Nutrition and Dietetics Certificate

Freshman			
<u>First Term</u>	<u>Hours</u>	<u>Second Term</u>	<u>Hours</u>
Academic Foundations: Writing	3	Academic Foundations; Writing	3
Academic Foundations: Quantitative Literacy	3	BY 123 - Introductory Biology I	4
CH 115 General Chemistry	3	BY 123L - Introductory Biology Lab	0
CH 116 General Chemistry Lab	1	NTR 201 - Healthy People Healthy Planet	3
NTR 121 Well Bring and You	3	PY 101 - Introduction to Psychology	3
Local Beginnings: HRP 101 - SHP FYE	3	CH 117 General Chemistry II	3
		CH 118 General Chemistry II Lab	1
	16		17
Sophomore			
<u>First Term</u>	<u>Hours</u>	<u>Second Term</u>	<u>Hours</u>
CH 235 -Organic Chemistry I	3	*NTR 330 - Nutrition and Metabolism	3
CH 236 - Organic Chemistry I lab	1	*NTR 320 - Nutrition and the Consumer	3
*NTR 222 - Nutrition and Health	3	BY 115 - Human Anatomy	4
City as a Classroom	3	Academic Foundations: Reasoning	3
**Approved Human Behavior, Psychology, Sociology, or Anthropology Course	3	Thinking Broadly: Creative Arts	3
Thinking Broadly: Creative Arts	3		
	16		16
Junior			
<u>First Term</u>	<u>Hours</u>	<u>Second Term</u>	<u>Hours</u>
BY 116 - Introductory Human Physiology	4	*NTR 300 Nutrition Communication: From Science to Consumer	3
*NTR 232 - Lifecycle Nutrition	3	*NTR 421 Nutritional Assessment and the Nutrition Care Process	3
Academic Foundations: Communicating with the World	3	Thinking Broadly: History & Meaning	3
Approved Statistics course	3	BY 261 Intro to Microbiology	4
CHHS 141 - Personal Health & Wellness	3	BY 261L Intro to Microbiology Lab	0
HCM 306 Intro to Cultural Awareness & Competency	2	NTR 355 Food Science and Food Systems	4
	18		17
Senior			
<u>First Term</u>	<u>Hours</u>	<u>Second Term</u>	<u>Hours</u>
NTR 444 Nutrition and Chronic Disease	3	NTR 490 Capstone	3
NTR 455 Medical Nutrition Therapy and Counseling	4	NTR 433 Health and Wellness in the Information Age	3
*NTR 420 - Nutritional Genetics	3	Thinking Broadly: History & Meaning	3
NTR 480 Professional Studies in Nutrition and Dietetics	2	*HCM 316 Accounting and Finance for Health Care	3
NTR 450 Translational Research in Biobehavioral and Nutrition Science	3	HCM 330 Health Care Systems	3
	15		15
Total credit hours: 130			

3 Choose one of the following Statistics: [HCM 360](#), [MA 180](#), [PY 216](#), or [QM 214](#) and [QM 215](#)

04/2024

Local Beginnings (3 credit hours) **Academic Foundations** (15 credit hours) **Thinking Broadly** (20 credit hours)
City as a Classroom (3 credit hours)

Nutrition and Dietetics Certificate Courses (21 credit hours)

*Online Course

**Approved Human Behavior, Psychology, Sociology, or Anthropology Course (3):

PY 107 Psychology of Adjustment

PY 305 Medical Psychology

SW 315 Human Behavior and Social Environment

PUH 204 Social and Behavioral Determinants of Health

SOC 280 Intro to Medical Sociology

ANTH 319 Food and Culture