

2024 LEADERSHIP DOM SCHEDULE

Knowing Yourself & Leading Yourself

January 12 | 9:00 a.m. - 2:30 p.m.

- Leadership GPS: Locating Yourself on the Path
- View from the Outside: 360 Degree Feedback

February 9 | 9:00 a.m. - 12:00 p.m.

- Individual Assessment with DISC: Your Behavior Styles
 - *presented by Megann B. Cain, MPPM*

March 1 | 9:00 a.m. - 11:30 a.m.

- Emotional Intelligence Part 1: Emotional Self-Awareness

April 5 | 9:00 a.m. - 11:30 a.m.

- Keeping it All Together: Systems and Strategies

May 3 | 9:00 a.m. - 11:30 a.m.

Virtual via Zoom

- Honoring Your Personal Bandwidth

June 7 | 9:00 a.m. - 11:30 a.m.

- Prioritization, Focus, & Letting Go

Leading & Working with Others

July 12 | 9:00 a.m. - 11:30 a.m.

- Emotional Intelligence, Part 2: Tuning in to the Other Person

August 9 | 9:00 a.m. - 11:30 a.m.

- Giving Feedback

September 13 | 9:00 a.m. - 11:30 a.m.

- Developing Others

October 18 | 9:00 a.m. - 11:30 a.m.

Virtual via Zoom

- Difficult Conversations

November 15 | 9:00 a.m. - 11:30 a.m.

- Working in Teams

December 6 | 9:00 a.m. - 12:30 p.m.

- Initiating & Driving Change

Graduation



All Sessions located at The UAB Alumni House

1301 10th Avenue South | Birmingham, AL 35294



2024 Leadership DOM Schedule

Starting Friday, January 12, 2024, 9:00 a.m.

Facilitators:



Julie McDonald, Ph.D.

Psychologist at McDonald Graham, LLC.



Stacy Buford, MSA

Program Director II at UAB DOM