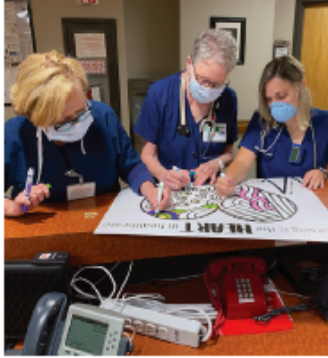


# Arts Experiences for Clinical Staff



Arts & Crafts | Painting | Sewing | Storytelling  
Musical Performances | Dance & Movement  
Guided Meditation | Creative & Expressive Writing



**Research Shows the Arts Support Mental  
Health & Well Being in Healthcare Staff**

Email Lauren at [laurenme@uab.edu](mailto:laurenme@uab.edu) to learn more about  
**Arts Experiences for Clinical Staff**

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UAB ARTS IN MEDICINE