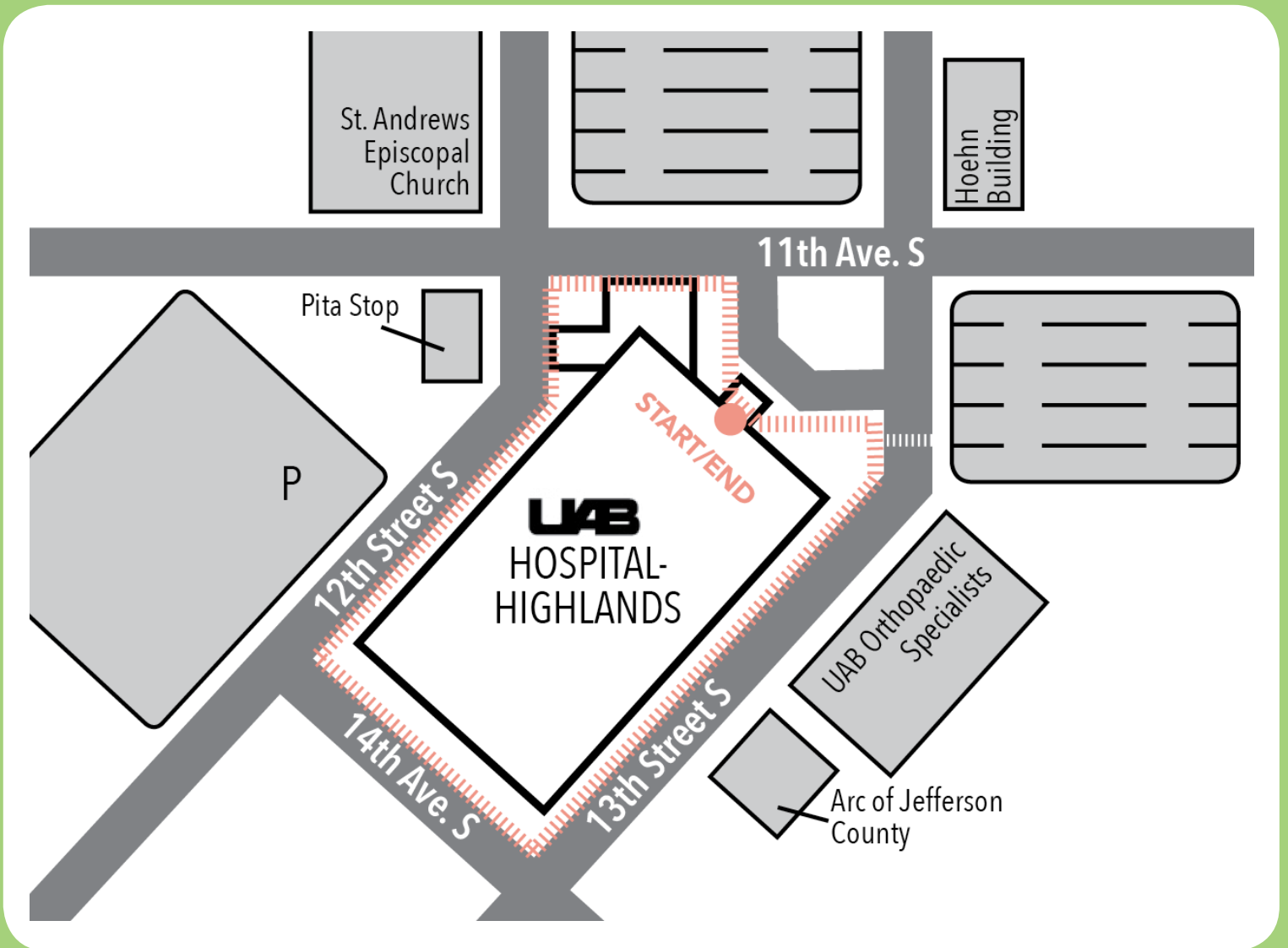


# UAB HIGHLANDS WALKING TRAIL



Highlands Trail: 1 lap=0.5 miles



**UAB**

EMPLOYEE WELLNESS

The University of Alabama at Birmingham

[uab.edu/walk](http://uab.edu/walk)