



# Rose, Thorn and Bud

AN EACC THERAPEUTIC ART GROUP

Participants will be led through art exercises to examine what in their life is their metaphorical "rose," "thorn" and "bud" — in this session with EACC Counselor Carrie May. *No art experience needed.*

## **WHEN & WHERE:**

Wednesday, March 18, 3-4 p.m., via Zoom

## **WHO:**

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

## **MATERIALS:**

Please have paper and markers, colored pencils or paints ready prior to joining the session, or feel free to use computer software for art creation.

## **REGISTRATION:**

Email [carriemay@uabmc.edu](mailto:carriemay@uabmc.edu) for Zoom link and password. Email [HRAWARE@uab.edu](mailto:HRAWARE@uab.edu) to request disability accommodations. Please note, the EACC Therapeutic Art Group is not a My Health Rewards point-earning opportunity.

