

# FORMS OF ABUSE

Teens and young adults experience the same types of abuse as adults, including the types mentioned below. If you or someone you know sees the warning signs in their relationship, text loveis to 22522. Learn more about healthy, unhealthy, and abusive relationships at [breakthecycle.org](http://breakthecycle.org).

## SEXUAL ABUSE



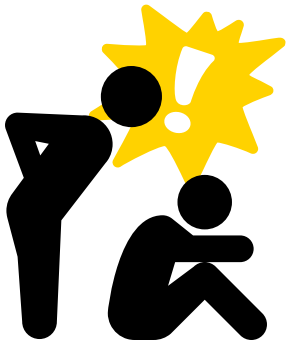
Sexual activity that occurs without willing, active, unimpaired consent, such as unwanted sexual touch, sexual assault, rape, or tampering with contraceptives.

## PHYSICAL ABUSE

Any intentional use of physical touch to cause fear, injury, or assert control, such as hitting, shoving, & strangling.



## EMOTIONAL/VERBAL ABUSE



Non-physical damaging behaviors like threats, insults, screaming, constant monitoring, or isolation.

## FINANCIAL ABUSE

Exerting power and control over a partner through their finances, such as taking or hiding money, or preventing a partner from earning money.



## STALKING



Being repeatedly watched, followed, monitored, or harassed. Can occur online or in-person, & include giving unwanted gifts.

## DIGITAL ABUSE

Using technology to bully, stalk, threaten, or intimidate a partner using texting, social media, apps, tracking, etc.

