



# Health for All: National Center on Health, Physical Activity and Disability

## About Us

Established in 1999, the National Center on Health, Physical Activity, and Disability (NCHPAD) serves as both an information hub and a public health practice center. Its mission is to enhance health and well-being by promoting the substantial benefits of engaging in health-enhancing activities for people with disabilities. NCHPAD is the premier resource for information on health, fitness, nutrition and mindfulness – building a nationwide healthcare to wellness journey with people with disabilities.

**4000+ Professionals  
Trained in 2023**

## Trainings

Join the thousands of health and wellness professionals who have benefited from our **free trainings**:

- Disability Education and Inclusion
- Healthy Communities for All
- Inclusive Care for Healthcare Providers
- Inclusive Diabetes Prevention Building Active and Inclusive School programs

## Program Adaptations

We provide guidance on adapting existing programs or creating new ones specifically designed for and with individuals with disabilities using the **GRAIDS tool and framework**.



## Resource Development

Our team specializes in creating engaging, accessible materials that meet the needs of your target audience. Collaboration with NCHPAD includes:

- Expert Guidance: Customized support from our Expert Inclusion Specialists
- Inclusive Design: Resources thoughtfully created to ensure inclusivity and usability.
- Strategic outreach: Tailored approaches to enhance your outreach and impact



## Communication & Dissemination

Through our online directory and newsletter, we distribute evidence-based resources, articles, and scientific findings that address the diverse needs of individuals with disabilities.

## Targeted Evaluation

We collaborate with you on projects that address the unique needs of your community.

## Internship Opportunities

We partner with local university programs to provide students with applied practice experience to work with people with disabilities.

## Unlock opportunities with NCHPAD

Whether you're seeking training, technical assistance, or partnership opportunities, we're here to support you.

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