

Minority Health & Health Equity Research Center

Community Health Coaches Core

About the Core

MHERC Community Health Coaches bridge the gap between research and the community to address social determinants of health and other barriers to equitable health outcomes.

Community Health Coaches are community members uniquely positioned to build trust and understand residents' needs, serving as health educators, facilitators, and project-specific health workers.

Faculty and staff collaborate to develop, plan, and tailor community projects and studies to ensure meaningful connections and engagement.

Services

- **1.** Guidance on the use of Coaches in research, intervention and community health projects.
- **2.** Consultation on community-based interventions and health projects.
- **3.** Development of project-specific training and protocols for Community Health Coaches.
- 4. Community Health Coaches can assist with:

Community Education: health education, information dissemination, and one-on-one, small group, and large group health promotion.

Community Facilitation: facilitate access to services and programs, assist with referrals to community services and programs.

Other Study/Intervention Implementation: Faculty and staff work with investigators to tailor activities to specific research and intervention protocols.



Contact Us

Want to learn more about how we can work together to improve health outcomes in your community? Reach out to our team:

Dr. Lori Bateman – Core Leader

Julie Schach - Program Director

Email: CommunityCoaches@uabmc.edu