

When do I need to get a check-up?

Getting a check-up at the right time is the best way to make sure your child gets the medical care he or she needs.

Babies need check-ups at:

- ✓ 1 month
- ✓ 2 months
- ✓ 4 months
- ✓ 6 months
- ✓ 9 months
- ✓ 12 months (1 year)

Toddlers need check-ups at:

- ✓ 15 months
- ✓ 18 months
- ✓ 24 months (2 years)

Young Children need check-ups at:

- ✓ 3 years (36 months)
- ✓ 4 years
- ✓ 5 years
- ✓ 6 years

Older Children and Teenagers need:

- ✓ a check-up every year



What do I need to do?

Make an appointment for a well-child check-up!

If you are on Medicaid's Patient 1st program, call your child's personal doctor to find out who he or she should see for the well-child check-up (sometimes called a screening). Sometimes it will be your personal doctor. Other times it may be a nurse with special training.

If you are not on the Patient 1st program, you will need to find a doctor, nurse or clinic for your check-ups. Be sure that the doctor, nurse or clinic you want to go to does EPSDT well-child check-ups (or screenings).



Who needs
a Well-Child
Check-up?



Immunizations and Developmental Milestones for Your Child from Birth Through 6 Years Old

Child's Name _____

Birth Date _____

	12 MONTHS	15 MONTHS	18 MONTHS	19-23 MONTHS	2-3 YEARS	4-6 YEARS
Hepatitis B	<input type="checkbox"/> HepB (final dose administered between 6 and 18 months)					
Diphtheria, Tetanus, Pertussis		<input type="checkbox"/> DTaP				<input type="checkbox"/> DTaP
Haemophilus influenzae type b						
Pneumococcal						
Inactivated Poliovirus		<input type="checkbox"/> IPV				<input type="checkbox"/> IPV
Influenza	<input type="checkbox"/> Influenza, first dose ² <input type="checkbox"/> second dose (if needed)			<input type="checkbox"/> Influenza, first dose ² <input type="checkbox"/> second dose (if needed)	<input type="checkbox"/> Influenza, first dose ² <input type="checkbox"/> second dose (if needed)	<input type="checkbox"/> Influenza, first dose ² <input type="checkbox"/> second dose (if needed)
Measles, Mumps, Rubella	<input type="checkbox"/> MMR					<input type="checkbox"/> MMR
Varicella	<input type="checkbox"/> Varicella					<input type="checkbox"/> Varicella
Hepatitis A	<input type="checkbox"/> Hep A ³					
Milestones*	<input type="checkbox"/> Cries when mom or dad leaves <input type="checkbox"/> Says "mama" and "dada" <input type="checkbox"/> Copies gestures (for example, waves "bye bye") <input type="checkbox"/> May stand alone	<input type="checkbox"/> Imitates what you are doing <input type="checkbox"/> Drinks from a cup <input type="checkbox"/> Scribbles on his own <input type="checkbox"/> Walks well	<input type="checkbox"/> Points to show others something interesting <input type="checkbox"/> Says several single words <input type="checkbox"/> Points to one body part <input type="checkbox"/> May walk up steps and run	<input type="checkbox"/> Plays mainly beside other children <input type="checkbox"/> Follows two-step commands <input type="checkbox"/> Plays simple make-believe games <input type="checkbox"/> Throws ball overhand	<input type="checkbox"/> Can name most familiar things <input type="checkbox"/> Shows affection for friends without prompting <input type="checkbox"/> Turns book pages one at a time <input type="checkbox"/> Kicks a ball	<input type="checkbox"/> Speaks very clearly <input type="checkbox"/> Tells stories <input type="checkbox"/> Can print some letters or numbers <input type="checkbox"/> Hops; may be able to skip
Growth	WEIGHT / PERCENTILE LENGTH / PERCENTILE HEAD CIRCUMFERENCE	WEIGHT / PERCENTILE LENGTH / PERCENTILE HEAD CIRCUMFERENCE	WEIGHT / PERCENTILE LENGTH / PERCENTILE HEAD CIRCUMFERENCE	WEIGHT / PERCENTILE LENGTH / PERCENTILE HEAD CIRCUMFERENCE	WEIGHT HEIGHT BMI	WEIGHT HEIGHT BMI

Shaded boxes indicate the vaccine can be given during shown age range.

² Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting a flu vaccine for the first time and for some other children in this age group.
³ Two doses of HepA vaccine are needed for lasting protection. The first dose of HepA vaccine should be given between 12 months and 23 months of age. The second dose should be given 6 to 18 months later. HepA vaccination may be given to any child 12 months and older to protect against HepA. Children and adolescents who did not receive the HepA vaccine and are at high-risk should be vaccinated against HepA.
⁴ Milestones adapted from *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents* Third Edition, edited by Joseph Hagan, Jr., Judith S. Shaw, and Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics. If your child has any medical conditions that put him at risk for infections or is traveling outside the United States, talk to your child's doctor about additional vaccines that he may need.

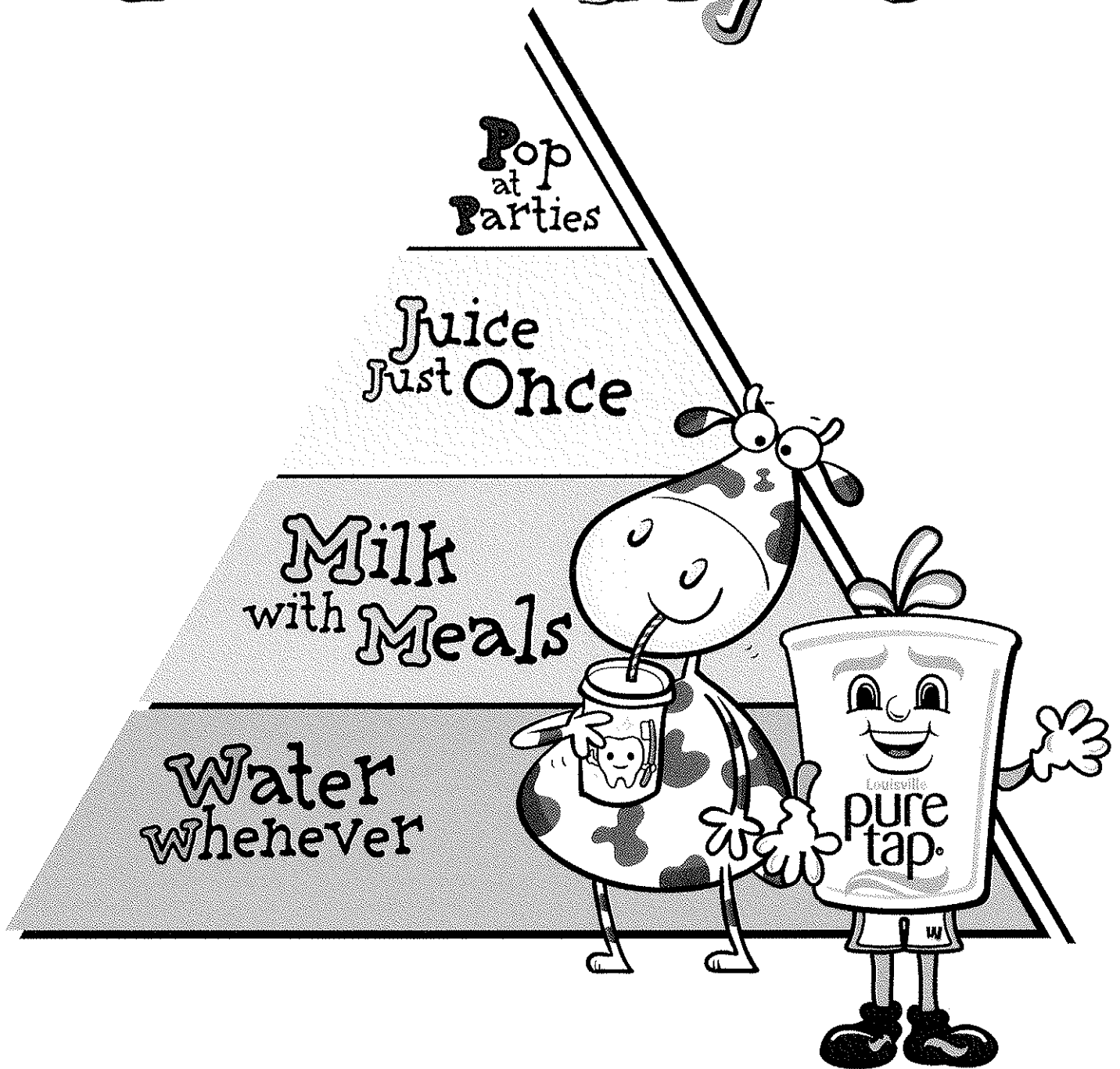


U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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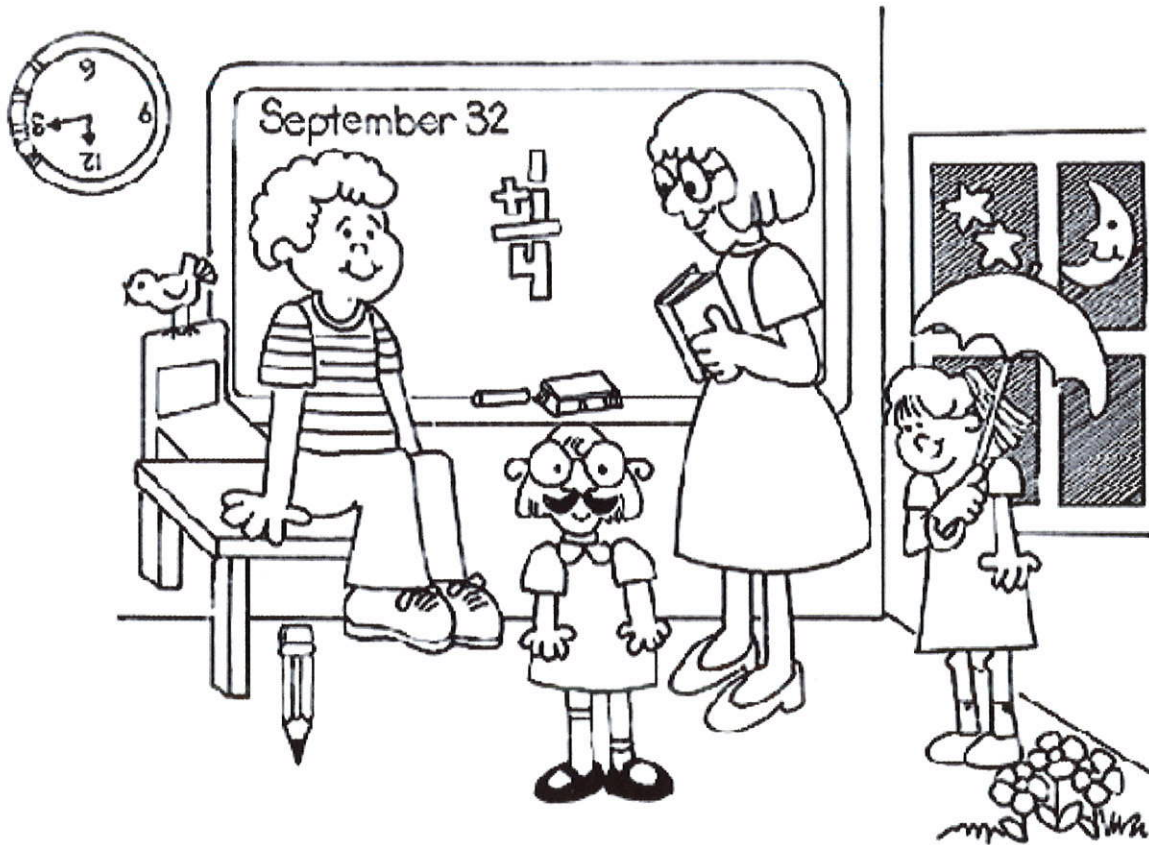
Learn more at www.SmileKentucky.com.

Developed by Nikki Stone, DMD.

For more information, contact Dr. Stone at dariadentistry@gmail.com or call (606) 216-1953.

Back to School

There are 11 things wrong with this picture. Can you find them?



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