



# Clinical Research Unit (CRU) Nursing Services

## Nursing

Nursing services of the CRU facilitate research through the delivery of expert nursing care and by providing resources necessary to assist the principal investigator in the successful completion of their research study. We are trained in Good Clinical Practice Guidelines (GCP), Human Subjects Training, and Pharmacokinetic testing. We will gladly meet with you to discuss your protocol and answer any questions you may have about our services.

## Goals

1) deliver services that meet the needs of the principal investigator 2) provide skilled, safe, efficient, and compassionate care 3) conduct quality research.

## Hours of Operation

Outpatient facility, JT 15  
Monday through Friday 7:00 – 5:00  
Saturday by appointment

12 hour PK testing is available, please inquire

Inpatient admissions are scheduled through the Nurse Manager, Jolene Lewis, RN.

## Available Services

- ❖ Administration of investigational medications
- ❖ Assessment & Monitoring
- ❖ Clamp procedures, insulin sensitivity testing
- ❖ Glucose Tolerance Testing
- ❖ Resting Metabolic Rate Testing (RMR)
- ❖ Pharmacokinetic, pharmacodynamic, and pharmacogenomic sampling
- ❖ Height, Weight, Vital Signs
- ❖ Questionnaire Administration
- ❖ Phlebotomy, including large volume phlebotomy
- ❖ Patient Education
- ❖ Point of Care Testing i.e., ECG, urine pregnancy testing, glucose monitoring

## Equipment

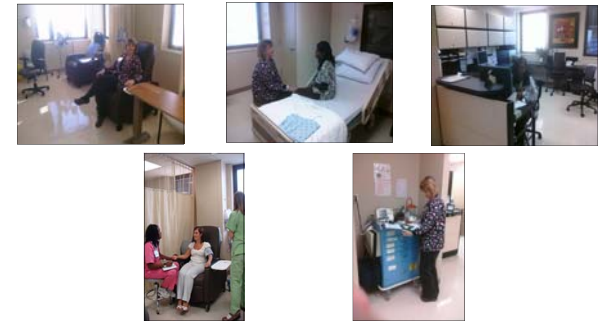
- ❖ ECG machine
- ❖ Exam table
- ❖ Deltatrac Metabolic Monitor for resting metabolic rate
- ❖ YSI machine
- ❖ Weight scale for both standing and wheelchair bound participants
- ❖ Glucose meter
- ❖ Infusion pumps
- ❖ Syringe pumps
- ❖ Propaq & vital sign monitors
- ❖ Otoscope and ophthalmoscope

## Facilities

Outpatient Appointments - The CRU has outpatient facilities in Jefferson Tower, 15<sup>th</sup> floor (JT15). The JT15 site has an infusion suite with six infusion chairs and nine exam/procedure rooms.

Inpatient Admissions - inpatients are admitted to the 8<sup>th</sup> floor of the Medical Education Building (MEB) and are scheduled through the Nurse Manager, Jolene Lewis.

## Outpatient Facility, JT 15



Core Director: Burt Nabors, M.D.

Nurse Manager: Jolene Lewis, MSN, RN

Email: [jelewis@uabmc.edu](mailto:jelewis@uabmc.edu)

Phone: 934-7817

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Saturday 6:30 – 12:00

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