Example #3: Mentoring Worksheet

Mentor: _____   Mentee: _____

Date of Meeting: _____

Goal: Teaching   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Clinical Care   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Research   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Service   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Self-Development   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Networking   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Work-Life Balance   □ Goal Met   □ Making Progress   □ No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

Goal: Additional Mentors   Goal met   Making Progress   No Progress

Accomplishments: _____

_____

_____

Obstacles: _____

_____

_____

New goal or strategy to overcome obstacles (if needed): _____

_____

_____

_____