

YOU WANT TO BE A DOCTOR?

You Need to Have a Plan

Freshman Year

- Bookmark the Pre-Health Web Page.
- Be aware of your prerequisite courses.
- Get started in Math and Chemistry.
- Get connected to your network (one day they will write about you). You need to get to know your faculty (use their office hours), your academic advisor, and your pre-health advisor.
- Learn to write (one day you will write about yourself). Practice, keep a journal of your accomplishments and of what inspires you, take writing courses, attend seminars or workshops.
- Pick extracurricular activities (not too many), organizations (like AED), volunteer opportunities.
- Pace yourself for success. You need to balance your schedule so that you are able maintain a high grade point average.
- Think about summer, perhaps a job in a research lab, a hospital or a clinic.
- Meet with your Pre-Health advisor three times during the year.
- Attend the Freshman Meeting in the Fall and the Freshman Seminar in February

Sophomore Year

- Tackle organic chemistry.
- Attend the Sophomore Seminar in the fall
- Finish your science prerequisites.
- Diversify your coursework; add courses that interest you. Develop a Major that will serve you if you do not attend Medical/Dental/Optomety School.
- Learn to speak in front of a group, debate, and interview.
- Attend the Sophomore Meeting in the Spring term
- Attend Sophomore Assessment Interviews in the spring.
- Keep up the GPA.
- Think about summer. Consider research; volunteer hours, clinical experience.
- Consider studying for the MCAT, DAT, OAT, in the summer.
- Meet with your pre-health advisor at least three times during the year.

Junior Year

- Attend the Applicant's Meeting in November.
- Complete the Pre-Health Application form on the web page. Meet with your advisor.
- Concentrate on the hours you need in your Major (and your Minor).
- Start writing your personal statement early. (December)
- Take MCAT practice tests. (You should complete all your prerequisites before you take the MCAT.)
- Take an MCAT, or DAT prep course if you need the structure.
- Take MCAT, DAT, OAT before summer.
- Get an application (AMCAS, AACOMAS, AADSAS, OPTOMCAS) in the spring. Send it in JUNE. Don't be late.
- Request evaluation letters; have them in before the end of MAY.
- Interview with your pre-health advisor for your composite letter in late spring or early summer.

Senior Year

- Enjoy your senior year.
- Prepare for interviews.
- Complete any coursework you need, continue volunteer and clinical experience.
- Keep in touch with your pre-health advisor.